

October 2024



**Office E-mail addresses**

psypher@meadowcroftnorth.com  
sviscardi@meadowcroftnorth.com

**Website:**

**www.meadowcroftnorth.com**

Come check out our **Owner's Portal!** You can view all financial documents, condominium documents, vendor contracts and owner directory!

**Manager's Report**

*By Paula Sypher, Manager*

Total rentals in MeadowCroft are 26 or 8%, as of September 1<sup>st</sup>, 2024.

**\*\*Manager's Notes\*\***

It has been a hot and wet summer! Once again, our crew has done a fantastic job! Thank you, Lofton, Juan T., Jamie, Ector, Juan Z., and Ivan.

A BIG thank you to our Garden Club as well! Judy Arnold, Joe Thibodeau, Marc Eisenson, Phyllis Feikema, Eric Wusthof, and anyone I might have missed. All the berms look beautiful.

Welcome back to all our northerners!

***Bingo is Back!!***

Starting Thursday, October 3<sup>rd</sup> at 7:00 PM in the Clubhouse.



**President's Message**

*By Board President, Trudy Lukus*

Welcome back to the sunny south!

Owners with new pets please remember to register them with the office. We need a photo, current vaccination certificate, and the pet registration form filled out. It is available on our website or at the office.

I would like to thank our wonderful crew for their hard work this summer!

Please check your ceilings for water spots from the summer rains and call the office to report it. 941-792-9151.

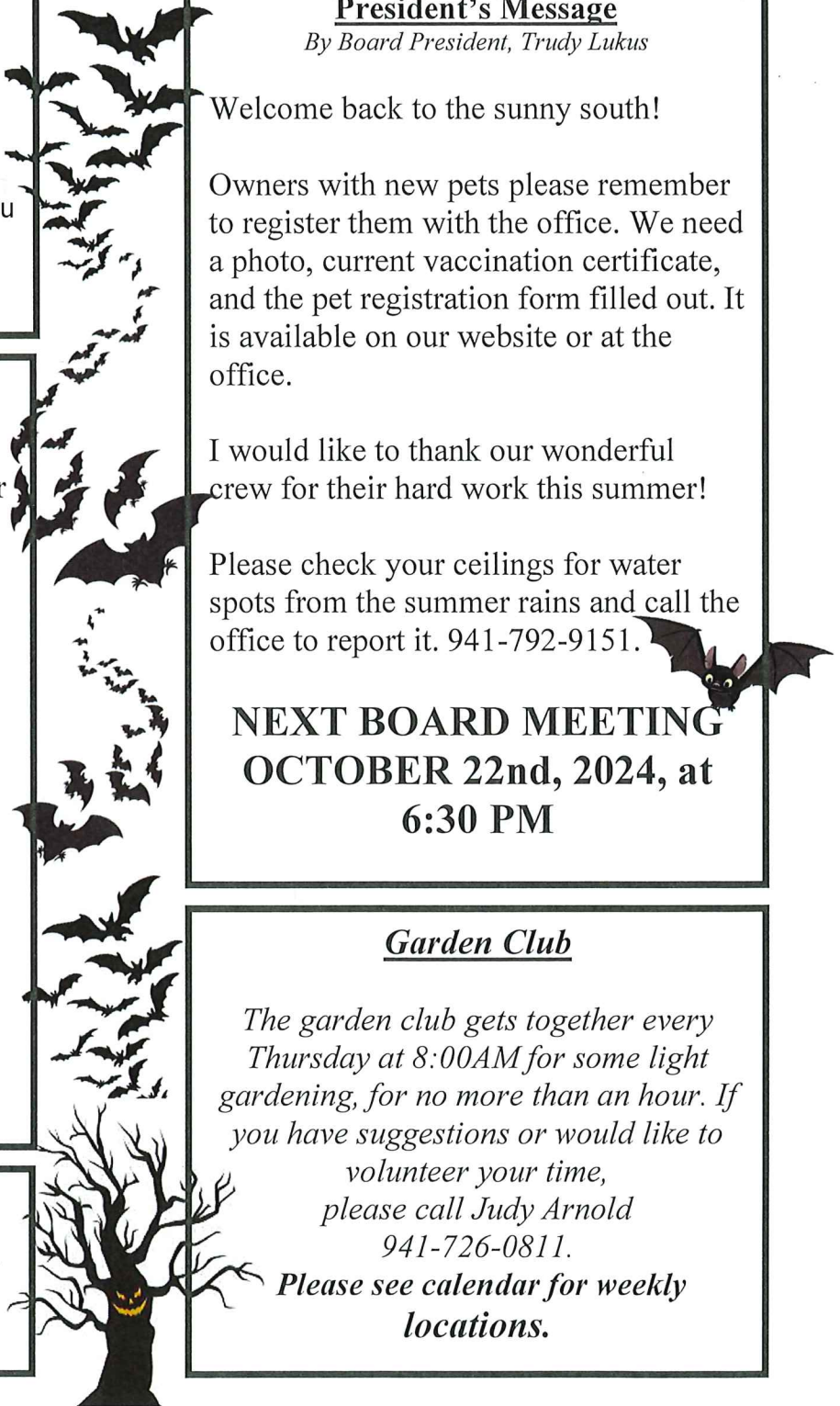
**NEXT BOARD MEETING  
OCTOBER 22nd, 2024, at  
6:30 PM**

**Garden Club**

*The garden club gets together every Thursday at 8:00AM for some light gardening, for no more than an hour. If you have suggestions or would like to*

*volunteer your time, please call Judy Arnold 941-726-0811.*

*Please see calendar for weekly locations.*





## MEADOWCROFTER'S REPORT

By Barbara Giggey, President

Oct. 10<sup>th</sup>, 2024 – MeadowCrofters Agenda Meeting 6:00 pm in the clubhouse.



### MeadowCrofters Social Club Meeting and Election of Officers

October 12<sup>th</sup>, 2024

Coffee and Donuts Social: 9:30am – 10:00am

Meeting: 10:00am

All residents are encouraged to attend.

*The MeadowCrofters need new blood, new ideas, and energetic candidates to fill our open positions; President, Vice President, Secretary and Treasurer.*

*Teresa, current VP, and Barbara, current president, will help completely in the transition. Contact Barbara at 240-416-2899 to submit your name and position you are interested in.*

## *MeadowCrofters Present*

# SPOOKY KOOKY HALLOWEEN POTLUCK

Come dressed up to scare or make us laugh. Bring a spooky food.



Friday,  
October 25<sup>th</sup>, 2024  
Starting at 5:30 pm  
BYOB



Sign up in the clubhouse.

## MeadowCrofters Activities

Saturday, October 5<sup>th</sup>, 2024, at 11:30 am - Lunch Out @ at Anna Maria Oyster Bar.

Saturday, October 19<sup>th</sup>, 2024, at 11:30 am - Lunch Out @ at Pier 22.

Call Teresa to sign up 405.410.1401.



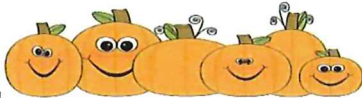
Friday, October 11<sup>th</sup>, 2024, at 2:00 pm to 3:00 pm – Aging Well Seminar in the clubhouse.

Friday, November 1, 8, 15, & 22 2024 at 2:00 pm to 3:00 pm - Dining with Diabetes Seminar in the Clubhouse. Sign up in the clubhouse.

Please see attached flyers.

## Welcome to MeadowCroft!

Marianne Ferrara – Bldg #3  
Marie Montee Posey – Bldg #8  
Ricky & Christine Ponto – Bldg #14  
Robert and Nelda O'Hanlon – Bldg #15  
William and Stacey Cone – Bldg #16  
Kenneth & Shelley Sexton – Bldg #18  
Maria & Gerald Fedorowicz – Bldg #20  
Sally Keith-Peck – Bldg #27  
Kathleen Sabol - Bldg #31



## AED and Basic CPR Training

*Coming up in the first or second week in January 2025...*

Each session is approximately 1 hour. There will be one session offered in the afternoon and one in the evening; you only need to attend one session.

As a reminder, the AED is located in the box mounted on the wall just outside the library.

**Keep an eye out for upcoming dates.**

## CANNED FOOD DRIVE

Please bring non-perishable and canned foods to the clubhouse and place in the boxes by the front door. These items will be donated to the St. Joseph Food Pantry to help feed less fortunate individuals and families. Thank you in advance for your continued generosity!



## Sunshine News

*By Lou Ann Duffy*



**IF YOU HAVE ANY NEWS CALL LOU ANN AT 941-792-4022**

### Sympathy for the Families of

Family of Amelia Guarino  
Family of Dennis Himrod  
Lou Ann Duffy for the passing of her significant other Allen Garren

### Get Well Soon

Thomas Anderson  
Thomas Colligan  
Phyllis Colligan  
Robbie Johnson

## **MeadowCroft**

### **Budget Committee Members 2024 Budget Year 2025- 2026**

Lewis Unger – Treasurer  
Robert Madlinger – Member  
Cathy McDonald – Member  
Jim Howland – Member  
David Pack – Member



### Tentative Meetings:

Wed. Oct. 9 @ 6:30pm  
Thurs. Oct. 24<sup>th</sup> @ 2:00pm  
(if needed)  
Tues. Nov. 12<sup>th</sup> @ 6:30pm

## Safety While Walking











*Many of our residents walk MeadowCroft daily. So here is a little reminder of walking safety procedures!*

1. Walk on the left side of the road (towards traffic).
2. Wear reflectors, lights and light or bright clothing.
3. Always carry your identification when walking.

**NON – EMERGENCY POLICE NUMBER 941-932-9300 at menu, hit #1 For EMERGENCIES dial 911**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		6:00 pm Hand and Foot Card Game - Clubhouse	11:00 am Low Impact Water Exercise – Clubhouse Pool	<b>Carport Cleaning</b>  Garden Club – 17 <sup>th</sup> Entrance  7:00 pm Bingo – Clubhouse	<b>Carport Cleaning</b>  11:00 am Low Impact Water Exercise – Clubhouse Pool	11:30 am Lunch Out @ Anna Maria Oyster Bar – Call Teresa to sign up 405.410.1401.  
6	7	8	9	10	11	12
		6:00 pm Hand and Foot Card Game - Clubhouse	11:00 am Low Impact Water Exercise – Clubhouse Pool  6:30 pm – Budget Committee Meeting - Clubhouse	Garden Club – Across from Clubhouse  6:00 pm MeadowCrofters Agenda Meeting - Clubhouse  7:00 pm Bingo – Clubhouse	11:00 am Low Impact Water Exercise – Clubhouse Pool  2:00 pm Aging Well Seminar - Clubhouse	9:30 am MeadowCrofters Meeting - Clubhouse  
13	14	15	16	17	18	19
		6:00 pm Hand and Foot Card Game - Clubhouse	11:00 am Low Impact Water Exercise – Clubhouse Pool	Garden Club – S 58 <sup>th</sup> St & 12 <sup>th</sup> Ave  7:00 pm Bingo – Clubhouse	11:00 am Low Impact Water Exercise – Clubhouse Pool	11:30 am Lunch Out @ Pier 22 – Call Teresa to sign up 405.410.1401.  
20	21	22	23	24	25	26
		6:00 pm Hand and Foot Card Game - Clubhouse  6:30 pm Board Meeting - Clubhouse	11:00 am Low Impact Water Exercise – Clubhouse Pool	Garden Club - N 58 <sup>th</sup> St & 12 <sup>th</sup> Ave  7:00 pm Bingo – Clubhouse  6:30 pm – Budget Committee Meeting – (if needed) Clubhouse	11:00 am Low Impact Water Exercise – Clubhouse Pool  5:30 pm Spooky Kooky Halloween POTLUCK DINNER - Clubhouse  	
27	28	29	30	31		
		6:00 pm Hand and Foot Card Game - Clubhouse		Garden Club – 17 <sup>th</sup> Entrance  7:00 pm Bingo – Clubhouse  	11:00 am Low Impact Water Exercise – Clubhouse Pool  	



JOIN US FOR

# AGING WELL MEETING NUTRITIONAL NEEDS

Learn nutrition for successful aging to ensure your nutritional needs are being met, including:

- Critical Nutrients
- Physiological Changes
- Promoting a Healthy Weight
- Reducing Chronic Disease Risk
- Preventing Cognitive Decline
- Contributing to Independence
- Reducing Health Care Costs

**October 11, 2024**  
**2pm - 3pm**

MeadowCroft  
5701 15th Ave. W. Bradenton FL, 34209



**CONTACT NELLY NELSON AT:**

UF IFAS Extension Manatee County Government  
1303 17th St. West Palmetto, FL, 34221  
Telephone: 941-722-4524  
Email Address: [nelly.nelson@ufl.edu](mailto:nelly.nelson@ufl.edu)  
Web Address: <http://manatee.ifas.ufl.edu>





UF | IFAS Extension  
UNIVERSITY of FLORIDA

DO YOU HAVE DIABETES?  
WANT TO MAKE THE BEST CHOICES  
FOR YOUR HEALTH?  
WE CAN HELP...



## Dining with Diabetes

UF/IFAS EXTENSION

FAMILY AND CONSUMER SCIENCES



DINING WITH DIABETES

NATIONAL EXTENSION  
WORKING GROUP

**DATE:** Nov. 1, 8, 15 & 22, 2024 (Fridays).

**TIME:** 2:00 - 3:00 pm

**LOCATION:** MeadowCrest  
5701 15th Ave. W. Bradenton FL, 34209

**Nutrition and physical activity** are keys to managing your type 2 diabetes, but where do you start? The *Dining with Diabetes* program can help! Designed especially for people with type 2 diabetes, this program will help you learn the skills needed to promote good health.

*Dining with Diabetes* is taught by trained Extension educators. The program includes:

- planning meals and snacks with delicious and healthy recipes
- cooking demonstrations and food sampling
- motivation and support — connect with others who are living with diabetes
- ideas for being more active
- an understanding of how diabetes affects your overall health

Registration fee

**Free**

Enroll at

For additional  
information contact:

[nelly.nelson@ufl.edu](mailto:nelly.nelson@ufl.edu)

For more information visit